

# THE MARINE SURVIVAL EQUIPMENT TRAINING PROGRAM

INSTRUCTIONAL VIDEOTAPES NOW AVAILABLE IN ENGLISH AND SPANISH

**THE MARINE SURVIVAL EQUIPMENT TRAINING PROGRAM** provides vessel operators with versatile tools for use in preparing their boats and crews for the hazards of going to sea. Consisting of eight 12- to 19-minute videotapes and the *Cold Water Survival Handbook*, the program is a flexible instructional resource that can be factored into at-sea operations or utilized during shore side training sessions.

Produced by the Seattle firm of John Sabella & Associates, Inc., the program was created in response to requests from commercial vessel owners and operators for concise training materials that focus on specific types of marine survival equipment.

Reviewed for content by the U.S. Coast Guard prior to production, the materials sell to commercial and recreational vessel operators around the world, as well as to schools, libraries and marine safety agencies. The programs are available as a two-DVD set or as individual videocassettes.

## PROGRAM TITLES & DESCRIPTIONS

**1) MARINE FIRE, FIRST RESPONSE:** in coping with fire, time can be your principal ally or your worst enemy. This videotape is designed to provide the entire crew—beginning with the green hand— with a set of procedures to follow if fire is detected. If you discover a fire, your first job is to sound the alarm, both to alert others who may be in danger and to convey critical information to the bridge. Once the alarm has been issued, the circumstances of the emergency may dictate initial actions you can take to help control the damage. Twelve minutes. Spanish title: **INCENDIO A BORDO, REPUESTA INICIAL.**

**2) EMERGENCY RADIO PROCEDURES:** an effective distress call can mean the difference between life and death, but rescue agencies are frequently rendered helpless by inadequate distress calls, or distress calls that are never made. *Emergency Radio Procedures* is a concise training tool designed to equip seamen and boaters with the knowledge it takes to react effectively in a crisis. The program simulates both ends of distress communication — the skipper's mayday and the Coast Guard response. Shot on location on Puget Sound and at the U.S. Coast Guard's Seattle, Washington Operations Center, the program demonstrates how to properly utilize radio communications equipment in an emergency at sea. Nineteen minutes. Spanish title: **PROCEDIMIENTOS RADIOTELEFÓNICOS DE SOCORRO.**

**3) CONDUCTING ONBOARD DRILLS:** this program is designed to assist vessel owners and operators in preparing their crews for coping with potential emergencies, and in meeting federal regulations. The program includes footage shot aboard Bering Sea fishing vessels, oil tankers, blue water tugs and river towing operations. It is intended as an instructional tool for vessel officers, and as an informational resource for crew members. 17 minutes. Spanish title: **PRACTICAS Á BORDO.**

### **JOHN SABELLA & ASSOCIATES**

I N C O R P O R A T E D

190 W. Uncas Road, Port Townsend, WA 98368 • info@johnsabella.com • www.johnsabella.com  
Phone: 360-379-1668 • Fax: 360-379-5148 • Toll Free: 1-888-719-4099

**4) IMMERSION SUITS:** these garments are essential items of gear for vessels operating in northern latitudes. Perhaps better referred to as *Abandon Ship Suits*, they are the only garments that will provide extended survival time in cold water. This program delineates the best ways to test, inspect and store immersion suits, as well as procedures for donning the gear, abandoning the vessel and surviving in the water. The program helps ensure that your vessel's Immersion Suits are ready when and where they're required to help save lives. Thirteen minutes. Spanish title: **TRAJES DE INMERSIÓN.**

**5) INFLATABLE LIFE RAFTS:** the decision to abandon ship is never an easy one. In this kind of extreme emergency, preparation and practice are the keys to survival. This videotape presents viewers with crucial considerations that influence the decision to abandon, and procedures to follow once the decision is made. This comprehensive video covers issues such as launching and boarding the raft, necessary equipment and survival procedures. Seventeen minutes. Spanish title: **BALSAS SALVAVIDAS INFLABLES.**

**6) VISUAL DISTRESS SIGNALS:** When an emergency strikes, rescue depends upon your ability to guide response units to your position. Your radio is always your best signal, but there are countless other options including simple items you may have overlooked. This videotape teaches you how to use professionally prepared signals including pyrotechnic flares and rockets, as well as how to fabricate effective signals when nothing better is available. Seventeen minutes. Spanish title: **SEÑALES DE EMERGENCIA VISUALES.**

**7) EMERGENCY POSITION INDICATING RADIO BEACONS (Revised, 2<sup>nd</sup> Edition):** Next to your radio, an EPIRB is the most effective signaling device because it is capable of transmitting your position over thousands of miles, and of providing a homing device that guides rescue units to your position. Nevertheless, an EPIRB is no guarantee of rescue if it is used improperly. This program provides instruction in installation, testing, maintenance and use. Sixteen minutes. Spanish title: **RADIOBALIZAS EPIRB.**

**8) PERSONAL FLOTATION DEVICES:** No one ever plans on falling overboard, and the key to survival often amounts to whether flotation is worn all the time. With the numerous styles and types available today, there is a comfortable, wearable personal flotation device that provides a significant measure of safety during virtually any marine activity...if you know how to use it. This program provides a comprehensive overview of PFD types, maintenance and use. Seventeen minutes. Spanish title: **INDUMENTARIA SALVAVIDAS PERSONAL.**

**THE COLD WATER SURVIVAL HANDBOOK:** This 96-page handbook is a comprehensive guide to marine survival equipment and procedures for coping with emergencies like man-overboard, abandon ship, search and rescue and hypothermia. Reviewed by the Coast Guard and a variety of independent experts, the book serves as a reference for commercial fishermen, commercial seamen, blue-water sailors and sports fishermen (English only).

**PROGRAMA DE ENTRENAMIENTO PARA EL USO DE EQUIPOS DO SUPERVIVENCIA EN EL MAR,** The Marine Survival Equipment Training Program in Spanish.

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